

1 August 9, 1989
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Introduced by Audrey Gruger

Proposed No.: 89-530

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4 MOTION NO. 7656

5 A MOTION approving the 1989 King County Plan
6 for Adult Mental Health Services and
7 authorizing the County executive to transmit
8 the plan to the State of Washington
9 Department of Social and Health Services.

10 WHEREAS, in Motion 7564, the King County council requested the
11 county executive to prepare and submit, by June 30, 1989, for
12 council review and adoption, a mental health plan consistent with
13 the 1989 Mental Health Reform Act, and

14 WHEREAS, Motion 7564 directed that the plan describe how a new
15 system of mental health services will be organized, funded, and
16 operated for the benefit of mentally ill persons in King County,
17 including details of the sequence of events that will occur over
18 the next three state biennia to transform the existing system into
19 the new system, and

20 WHEREAS, the department of human resources has conducted an
21 18-month public process, including broad representation from
22 consumers, providers, and family advocates, to review and propose
23 reorganizing King County's system of mental health services for
24 adults and has developed and submitted to the council the June,
25 1989 plan entitled "King County's Plan for Adult Mental Health
26 Services: A New Direction," and

27 WHEREAS, the plan includes provision for a children's mental
28 health coordinator and development of a children's system plan.

29 WHEREAS, the plan is intended to serve as the basis for the
30 county's statement of intent to become a Regional Support Network
31 under the new law and apply for the new funds provided by the
32 Legislature for that purpose, and
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1 WHEREAS, the 1989-91 state appropriation for Regional Support
2 Network Development was based on projections from King and
3 Snohomish Counties and the plan is based on the same projection of
4 \$13.85 million of additional funding for King County.

5 WHEREAS, the plan is due to the state by October 30, 1989.

6 NOW, THEREFORE, BE IT MOVED by the Council of King County:

7 A. The June, 1989 plan entitled "Adult Mental Health
8 Services: A New Direction" is hereby approved as King County's
9 statement of intent, along with the following clarifications,
10 changes and additions:

11 1. Plan Title.

12 The title of the plan shall be changed to "King County's Plan
13 for Mental Health Services: A New Direction" to recognize the
14 inclusion of children's mental health.

15 2. 1989-91 Biennium Budget.

16 The Council recognizes the following budget and allocation
17 plan will be refined over the course of the next several months as
18 greater and greater levels of detail are developed in the
19 processes of selecting lead agencies, developing the required
20 six-year operating and capital expenditure plan, and ultimately
21 reviewing and approving the 1990 County budget for mental health.
22 Nevertheless, the Council intends to establish the following
23 parameters for the 1989-91 revenues and expenditures and
24 allocation plan.

25 a. 1989-91 Estimated Revenue and Expenditure Summary

26 (Attachment A) This attachment constitutes King County's proposed
27 budget of \$46.29 million for the 1989-91 biennium, which includes
28 the first one-and-one-half years of operation as a Regional
29 Support Network under the Mental Health Reform Act of 1989.
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1 b. Allocation Plan for New State Funds Requested from the
2 Legislature (Attachment B) This attachment shows how the new
3 funding, which was requested from the legislature in the winter of
4 1989, will be allocated among the components of the new mental
5 health system for the remainder of the 1989-91 biennium, beginning
6 in January, 1990.

7 3. Community Support System

8 a. King County recognizes that a disproportionate number
9 of persons with mental illness currently live in the Central/North
10 Region and that this is due primarily to the lack of service and
11 housing options in the outlying areas. At the same time, King
12 County recognizes that services in all regions are not adequate to
13 meet the needs of existing residents with mental illness,
14 particularly for persons who need residential support. King
15 County is, therefore, committed to both improving the adequacy of
16 services where persons currently reside as well as developing
17 services more evenly throughout the county so that residents do
18 not have to leave their natural communities in order to obtain
19 necessary care. The County's mental health funding policies and
20 plans shall address both issues, but shall over time show progress
21 in correcting the current imbalance between services in the
22 Central/North Region and the three other regions. Housing
23 development plans and activities for the county's mentally ill
24 shall also address the imbalance issue.

25 b. King County is committed to providing ethnic minorities
26 equal access to services, appropriate levels of service, choice of
27 providers and culturally relevant services. Existing specialized
28 services for ethnic minorities, therefore, shall be maintained and
29 enhanced for the purposes of ensuring equivalency and meeting the
30 new requirements to provide a complete range of community support
31 services.

1 Through a request for proposal process used to select
2 lead agencies, the county shall require lead agency proposers to
3 work with specialized minority providers to ensure access for
4 ethnic minorities to the full range of community support services,
5 including specialized, culturally relevant services, and to
6 utilize the expertise of minority specialists in the provision of
7 crisis intervention, resource management and community support
8 services.

9 Through a similar kind of process, the county shall
10 require specialized minority service providers to work with lead
11 agencies, take on the full service responsibilities of a primary
12 community support service provider, and work with the county to
13 develop and use assessment and enrollment procedures which allow
14 direct access to specialized minority providers while maintaining
15 primary client enrollment and placement authority with the lead
16 agencies under the direction of the county. The lead agencies
17 shall be responsible for ensuring that eligible persons have
18 access to services regardless of where they live or what ethnic or
19 cultural group they identify with and shall use the expertise of
20 ethnic minority specialists as needed to assist with this
21 responsibility.

22 4. Crisis Response System

23 a. Within the total budget available for crisis
24 intervention services, funding priority shall be given to
25 subregional services which integrate voluntary and involuntary
26 responses.

27 b. At a minimum, subregional crisis intervention services
28 shall be provided during all peak hours throughout the week.
29 Centralized crisis intervention services may be provided during
30 off hours to assure efficient use of resources. When subregional
31 crisis teams are in operation, all decisions regarding involuntary
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1 detention shall be made whenever possible by a county-designated
2 mental health professional operating as part of the subregional
3 team.

4 c. Of the \$46.31 million proposed for expenditure in the
5 plan, a total of \$11,592,548 (\$3,964,835 of which is new state
6 funding) shall be allocated to the crisis response system. In
7 addition, the amount of funds allocated to the subregional teams
8 for contracted crisis intervention services and for Involuntary
9 Treatment Services staff shall not be less than the amounts shown
10 in the budget in Attachment A (\$3,136,562 total). Amounts shall
11 be increased if needed to provide adequate peak hour coverage.

12 d. In providing crisis intervention services, every
13 effort shall be made to resolve crises in the least restrictive
14 manner possible and to use involuntary detention only as the last
15 resort.

16 e. A specific plan shall be developed for providing
17 crisis telephone access and screening services within the crisis
18 response system prior to allocating funds to a particular agency
19 for those purposes. The plan shall specify the functions and
20 relationships of these services to the other components of the
21 crisis response system.

22 5. Resource Management Services

23 a. King County shall delegate line responsibility for
24 Resource Management Services to the selected lead agency in each
25 subregion. Resource Management Services responsibilities shall
26 include: enrollment, placement and discharge for all persons in
27 need of community support and residential services; liaison with
28 inpatient units to assure enrollment of eligible persons and
29 adequate discharge planning prior to their release; the entry of
30 client information into the tracking system; and, the sharing of
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1 client information with other components of the mental health
2 system for the purposes of assuring coordinated, continuous and
3 effective care.

4 b. King County shall exercise its ultimate responsibility
5 and authority for the care of eligible residents by coordinating
6 the work of the lead agencies, resolving countywide or
7 interregional issues not resolvable by the lead agencies alone,
8 regularly reviewing and approving lead agency enrollment,
9 placement and discharge decisions and providing countywide client
10 locator and resource tracking systems.

11 B. The King County executive is hereby authorized to transmit
12 the Plan to the State of Washington Department of Social and
13 Health Services as the basis for King County's participation,
14 assuming adequate State resources, as a Regional Support Network
15 as defined in 1989 Mental Health Reform Act.

16 In order to meet the requirements and timelines of the new Act
17 as outlined in the plan, King County will need an additional
18 \$13.85 million in state funding in the 1989-91 biennium as well as
19 maintenance of the existing funding base of \$26.92 million. Less
20 funding than these totals will not be adequate unless requirements
21 are adjusted correspondingly.

22 C. As part of the 1990 Executive Proposed Budget, which will
23 be submitted to the council on or around October 15, the King
24 County executive shall provide two alternative 1990 budgets for
25 mental health -- a status quo budget and an enhanced budget based
26 on the plan. The enhanced budget shall include:

27 1. A plan for reorganizing mental health administration
28 into a division, including involuntary treatment services;

29 2. A work program showing key system implementation and
30 planning projects with milestones and completion dates; and
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1 3. descriptions of the purposes scope and methods of the
 2 numerous evaluation and planning projects which are proposed in
 3 the plan, including at least:

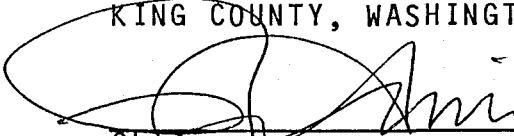
- 4 a) the childrens' mental health system plan;
 5 b) evaluations of the implementation of integrated crisis
 6 intervention services and regional community support systems;
 7 c) special needs system development studies; and
 8 d) the housing development plan.

9 If agreement has not been reached with the State of Washington
 10 Department of Social and Health Services by the time the council
 11 must make final decisions on the 1990 budget, the council will
 12 adopt the status quo budget and reconsider the enhanced budget at
 13 the time when such agreement is reached.

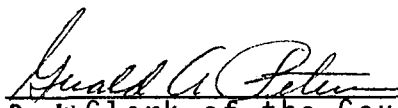
14 D. The council intends to accelerate the executive's proposed
 15 schedule for development of the children's mental health plan in
 16 order to prepare a children's mental health legislative agenda for
 17 the 1990 legislative session. The council hereby directs the
 18 executive to submit by August 21, 1989 an ordinance appropriating
 19 funds so that the children's coordinator can be hired at the
 20 earliest date possible in 1989. The executive is authorized to
 21 begin recruiting for this position immediately.

22 PASSED this 14th day of August, 19 89

24 KING COUNTY COUNCIL
 25 KING COUNTY, WASHINGTON

26 
 27 Chairperson

28 ATTEST:

29 
 30 Deputy Clerk of the Council

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Table 8

1989-91 REVENUES AND EXPENDITURES
(1989 Dollars)

Expenditure	Revenue Source			Total
	STATE CURRENT	STATE NEW	COUNTY	
Community Support to Lead Agencies	\$10,460,326	\$2,457,911	\$0	\$12,918,237
Residential, except State CCF/MHs	\$4,306,215	\$5,062,636	\$0	\$9,368,851
State CCF/MHs	\$0	\$3,170,000	\$0	\$3,170,000
Special Populations/ Underserved Groups	\$2,402,939	\$1,800,027	\$183,000	\$4,385,966
Children	\$2,213,594	\$0	\$0	\$2,213,594
CRISIS:				
ITS and Legal Costs	\$4,524,471	\$77,480	\$786,218	\$5,388,169
ITA/CH Pilot	\$1,493,812	\$0	\$0	\$1,493,812
Crisis Beds	\$0	\$904,200	\$0	\$904,200
Subregional Teams				
Contracted	\$705,907	\$1,838,658	\$0	\$2,544,565
Assigned ITS	\$0	\$581,997	\$0	\$581,997
Subtotal Subreg. Teams	\$705,907	\$2,420,655	\$0	\$3,126,562
Crisis Telephone	\$117,305	\$562,500	\$0	\$679,805
Subtotal Crisis	\$6,841,495	\$3,964,835	\$786,218	\$11,592,548
Managed Care	\$699,642	\$566,929	\$1,395,499	\$2,662,070
	\$26,924,211	\$17,022,338	\$2,364,717	\$46,311,266
		State CCF/MH: (\$3,170,000)		
		New \$ for new services: \$13,852,338		

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KING COUNTY MENTAL HEALTH: 1989-91 BIENNIUM
ALLOCATION OF NEW FUNDS REQUESTED FROM THE LEGISLATURE (18 MONTHS)

DA

	N/Central	West	South	East	REGIONAL	Minority	Underserved Groups
\$s run through the Formula (Subregions only.)							
Supported Living	\$ 640,918	\$ 126,145	\$ 88,726	\$ 89,104	\$ 855,982	\$ 495,131	\$ 141,466
Long Term Adaptive Tx [OBRA]	\$1,026,273	\$ 201,987	\$ 142,071	\$ 142,677	\$1,513,008	\$ 766,080	\$
SUBTOTAL	\$1,667,191	\$ 328,132	\$ 230,797	\$ 231,781	\$2,368,990		
\$s Distributed by King County:							
Supervised Living	\$0	\$ 106,860	\$0	\$ 115,080	\$ 221,940	\$ 82,200	\$ 41,100
Long Term Adaptive Beds [OBRA]	\$ 301,125	\$ 438,000	\$ 438,000	\$ 438,000	\$1,615,125	\$ 273,750	\$
SUBTOTAL	\$ 301,125	\$ 544,860	\$ 438,000	\$ 553,080	\$1,837,065		
Long Term Rehab. [OBRA]							
Long Term Rehab.							
Crisis Beds							
Crisis Intervention							
Managed Care							
TOTALS	\$1,968,326	\$ 872,992	\$ 668,797	\$ 784,861	\$1,617,161	\$ 182,566	\$

MOTION 7656

**PUBLIC COMMENTS
KING COUNTY'S PLAN FOR ADULT MENTAL
HEALTH SERVICES: A NEW DIRECTION DRAFT
PLAN
MAY 26, 1989**